



SEDUM TELEPHIUM L. “MATRONA”

Fam. Crassulaceae

DESCRIPTION

Shrub-shaped perennial, about 50 to 60 cm tall, with green-glaucous succulent leaves, which turn purple-burgundy in the summer heat, and purple stems. The inflorescence is a dense top with pink star-shaped flowers, up to 15-20 cm in diameter.

HABITAT

Originally from Asia, it spread to China, Korea, Japan and even Europe.

DISTRIBUTION

Ornamental varieties are grown in all regions of Northern, Central and Southern Italy including Alpine areas and the islands.

FLOWERS

Star-shaped flowers, bundled in a corymb inflorescence – despite having different nodes, all the flowers end at the same height – with a pentamerous calyx and corolla (5 petals and 5 sepals). They are frequently visited by bees, butterflies and other pollinating insects. The plant blooms from March to late October and the inflorescence has shades ranging from pink to red-purple.

LEAVES

Glaucous-green leaves, flat, ovate and fleshy, with jagged margins and short petioles. The basal leaves are arranged in a rosette and are larger than the apical ones which are alternate and more sparse.

STEM

Green-reddish glabrous succulent stems with leaves.

INTERESTING FACTS

Even in winter, it is highly decorative, with the stems and umbels of dried flowers standing out from the other plants, all in their winter look.

Thanks to the high content of flavonoids and polyphenols, it has a pain-relieving, antibacterial and anti-inflammatory effect; it can also be used to heal wounds.

ROOTS

Fasciculated roots (roughly equal in size, developing in all directions).

